**A picture containing logo

Description automatically generatedBuilding Discrepancy**

Explore how your life will change if you choose to either continue or quit using drugs or alcohol…

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| **My career, school or professional life will be affected…** | |
| If I continue using: | If I quit using: |
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| **My long—term goals will be affected…** | |
| If I continue using: | If I quit using: |
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| **My relationships with my friends will be affected…** | |
| If I continue using: | If I quit using: |
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| **My relationships with my family and other loved ones will be affected…** | |
| If I continue using: | If I quit using: |
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| **My finances will be affected…** | |
| If I continue using: | If I quit using: |
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| **My health will be affected…** | |
| If I continue using: | If I quit using: |
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